

2019 OBON Cemetery & Temple Services**Wednesday, July 3**

10:00 AM	Maple Ridge
10:30 AM	Whonnock
11:00 AM	Hatzic (Mission)

Sunday, July 7

9:30 AM	Forest Lawn
10:00 AM	Ocean View
10:30 AM	Mountain View
	@ North
10:45 AM	@South by the crematorium

Sunday, July 7

4:00 PM	Valley View (Surrey)
4:40 PM	New Westminster
5:00 PM	Coquitlam

Saturday, July 13

2:00 PM	Aldergrove Cemetery
3:00 PM	FVBT Obon Service & Bon Dance

Sunday, July 14

2:00 PM	VBT Obon & Shotsuki Service
4:00 PM	Bon Dance



Vancouver Buddhist Temple



220 Jackson Avenue
Vancouver, BC,
V6A 3B3

Phone: 604-253-7033

Email:

temple.vbt@gmail.com

Website:



Bodhi Mind



Vancouver Buddhist Temple

May 2019, Issue #426

Just Right

I hope everyone is enjoying the beginning of the spring 2019! I was talking to people after Sunday service, and the topic of conversation was Karma. I recall a Dharma message by Dr. Taitetsu Unno, in which he told a story of an encounter with the famous Zen master, Dr. D.T. Suzuki. When Dr. Unno was a 21 year old at the University of California, Berkeley, he had the opportunity to hear the famous Zen teacher D. T. Suzuki give a talk. Afterward Dr. Suzuki invited anyone who wished to ask questions to

join him in another room for a discussion. After some hesitation, Dr. Unno asked, "What is Karma?" Suzuki roshi was 80 at the time, looked at him and said, "The elbow does not bend outward...This is what karma is explaining." He and other students all said thank you...but had no idea what he was talking about. At first Rev. Unno remembered that he had little satisfaction with this very brief answer. However, the more thought he gave it, the more its meaning became clear to him.

After Unno sensei graduated from the UC Berkeley, he moved to Japan to study Buddhism, partly because his father was a Shin Buddhist minister who encouraged him to explore Shin Buddhism, but also in some way to find an answer to this riddle of the elbow. Then he began thinking about it as a metaphor for 'karmic limitation'. "We all have karmic limitations. You cannot force something natural to be otherwise." We have freedom to move, yes, but only in certain ways – the elbow bends, but only in one direction. It is a koan, a Zen question, dealing with freedom and limitation. While we generally define freedom as being able to do whatever we want, in Zen that is not real freedom. Real freedom means living within the limitations on our experience of freedom, such as living and dying.

After talking on the subject with different teachers and scholars, reading different works, he realized that the Shin Buddhist path is also dealing with the question of limitations and freedom. Each tradition has its own language for this. In the Shin tradition we speak of our karmic limitations referring to ordinary beings as, "foolish beings"- *bombu* in Japanese. Understanding that I am a foolish being, which is knowing that the elbow only bends one way, opens the door to the freedom to express my true self, with all my limitations. This is how our freedom as a human being is to be realized. Within that framework, we have the freedom of the elbow that bends inward. "The elbow does not bend outward' is also the answer to the Nembutsu," he said. "Only when we appreciate the fact that we have limitations can we be free. It is in the knowledge that in and through our limitations we are able to find true happiness."

Namo Amida Butsu, Tatsuya Aoki

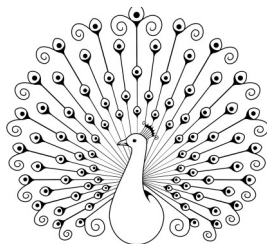
Cont'd on pg 2

Bishop's message Cont'd from pg 1

Just Right

You, as you are, you are just right
 Your face, body, name, surname,
 For you, they are just right.
 Whether poor or rich
 Your parents, your children
 your daughter-in law, your grandchildren
 They are, all for you, just right.
 Happiness, unhappiness, joy and even sorrow
 For you, they are just right.
 The life that you have tread, walked,
 is neither good nor bad
 For you, it is just right.
 Whether you go to hell or to the Pure Land
 Wherever you go is just right.
 Nothing to boast about, nothing to feel bad about,
 Nothing above, nothing below.
 Even the day and month that you die,
 Even they are just right.
 Life in which you walk together with Amida
 There's no way that it can't be just right.
 When you receive your life as just right
 Then a deep and profound faith begins to open up.
 Just Right

(Goromatsu Mayekawa,
 translated by Rev. Taitetsu
 Unno)

**Message from the VBT Board**

The new board of directors and the executive has now been confirmed. Appreciation and gratitude for their hard work and dedication goes to the out-going board which has served our temple for the last two years. Thank you and congratulations to the newly-elected board which will serve our temple for the term of 2019 and 2020. From the new board the election of the executive has been determined.

Following is the executive and the board of directors:

Executive:

Dave Ohori	President
Frank Hamanishi	Vice-President
Derek Iwanaka	Secretary
Yvonne Nakano	Treasurer

Directors:

Robert Akune	Mits Kazuta
Martha Banno	Paul Kitamura
Lorna Bishop	Tim Hirata
Greg Chor	Tom Kadota

-from the board

Are you on Social Media?**VBT is!**

Stay up to date on temple events,
 message us and each other by find-
 ing and Liking us at:

Facebook

[https://www.facebook.com/
 VancouverBuddhistTemple2016/](https://www.facebook.com/VancouverBuddhistTemple2016/)

Twitter - @VanBuddhistTemp

Instagram -

@vancouverbuddhisttemple

Special Thanks

Recently, during a very rainy day, Yvonne Nakano's friend **Allan Nakade of Lucky Dog Plumbing** attended to an emergency at our temple. He managed to unclog a drain on the roof of our temple which ran about 35 feet.

Not only did he respond quickly to our call for help. He solved the problem and did not charge our temple for his time and services.

Thank you for your very kind gesture, Allan Nakade!



Hanamatsuri and Keirokai 2019 Photos



Infant Presentation

Congratulations! Best wishes to the families of Hanzo Sakuraba and Eiley Kimiko Dar who were presented to the Sangha (Buddhist community) of the Vancouver Buddhist Temple on April 14.



Hanamatsuri, literally flower festival, is celebrated on April 8, commemorating the birth of Siddhartha Gautama, who became enlightened as Sakyamuni Buddha. According to our tradition, the historical Buddha was born in Nepal on April 8, 566 B.C. He was born the son of King Suddodhana and Queen Maya. There are many flowery descriptions of the scene at his birth, including celestial birds singing beautiful songs, beautiful flowers, and a sweet gentle rain bathing the baby Buddha. It is not necessarily the beauty of the flowers, the sounds of the celestial birds, nor the sweet gentle rain that fell, but the vibrant fact that on this day was born the greatest of sentient beings who became the Enlightened One, the Buddha.

2019 BC Jodo Shinshu Buddhist Temples

Federation



Convention in Kamloops (Fri, Sep 27 - Sun, Sep 29)

Guest Speaker: Dr. Kenneth Tanaka

Gotan-e (Birth of Shinran Shonin) service.

May's monthly memorial Shotsuki service will be observed in conjunction with Gotan-e.

This observation celebrates the birth of our founder Shinran Shonin who was born on May 21, 1173. Reviewing Shinran Shonin's life, he did not live a fortunate life filled with happy environmental conditions. Both his parents were gone at an early age and he encountered many hardships throughout his life. But his spiritual experiences which evolved under many trying conditions and in many places, have given the many followers of the Buddha's Teachings and answer to the purpose of life in this world.



Shinran Shonin spent his simple and modest life of ninety years with no thought of making himself spectacularly prominent and impressive among the people. But millions of Nembutsu followers are rejoicing over his way of life through the guidance of Amida Buddha and his Teachings.

Tōban Groups

From lunches at our monthly Shōtsuki services, to wiping down tables and cleaning the washrooms, the temple would not be the warm and welcoming place for gathering if it were not for the dedicated hard work of our members. When people come to the temple—whether it's for the first time or the 100th time—the care we put in our temple expresses how precious we hold the Teachings of the Buddha.

The following activities are the responsibility
of **Tōban #3**

May

11 Sat. 10:00 am—Toban + Board Mtg

12 Sun. 9:00 am—Shotsuki

Mrs. Noriko Chijiwa
Mrs. Tei Domitsu
Mrs. Kazue Egami
Mr. Derek Iwanaka
Ms. Patricia Keizer
Mr. & Mrs. Kent MacCarl
Ms. Lorene MacDonald
Mrs. Yasuko Masuhara
Mr. & Mrs. Jack Matsuda
Mr. & Mrs. Otokazu Matsui
Mr. & Mrs. Barry Matsumoto
Mr. & Mrs. Ray McDonald
Mrs. & Mr. Megumi McGrath
Mrs. Akiko Minato
Ms. Frances Minato
Mr. Harry Minato
Mrs. & Mr. Karen Mizushima

Mr. & Mrs. Hiroyuki Morimoto
Ms. Orrin Morishita
Mrs. Yukie Morishita
Mrs. Kazumi Nakano
Mrs. Yachiyo Nishi
Mrs. Tomi Niwatsukino
Mr. & Mrs. David Otori
Mrs. Junko Otori
Mrs. & Mr. Sachiko Renovich
Mrs. Kazuko Takahara
Mr. & Mrs. Mikio Takeda
Mr. & Mrs. Shizuo Tanaka
Mrs. Michiko Tanizawa
Mr. Kaoru Tatara
Mrs. Tomiko Uyeyama
Mr. & Mrs. Tatsuya Yamazaki
Ms. Joanne Yuasa



Greetings from the Valley

Hello all. Greetings from the Fraser Valley Buddhist Temple.

Despite the rain, the beautiful hanamido gave off wonderful yellow hues to brighten the temple for Hanamatsuri and our April Shotsuki. We welcomed Reverend Michael Endo from Oakland, California. He gave a lovely reminiscent view about his early experiences attending his temple when he was a young lad.

Our board members for 2019 are as follows: Lucy Yoshioka (President), Lori North (Vice-President), Jenny Fujita (Secretary), and Denise Cork (Treasurer). Naomi Shikaze, Amy Nagamatsu, and Marion Fujita are our Members at Large.

Ben Shikaze continues to hold his DVD sessions/discussions at our temple. His focus is on Ken Tanaka "Buddhism on Air". They will be on the last Sunday of each month at 2pm at the FVBT.

We would like to remind you to save the date for our fundraising Dinner in the Country on Saturday, May 25, 2019. Tickets are \$35 for adults, \$15 for children 5-10 years, and children under 5 years are free.



115th/40th Anniversary Fundraising Project

This year marks the 115th Anniversary for the **Vancouver Buddhist Temple**, as well as the 40th Anniversary of the Temple building. To mark this special year, we're starting a \$100,000 fundraising campaign; all money raised will go towards repairing our elevator.

This is an important project since it will allow those with ability issues to access all of the programs and services we offer at the Temple. If you would like to make a donation towards this project, please contact the Temple.

Fraser Valley Buddhist Temple Donations Received in Gratitude



April 13, 2019 Hanamatsuri

Mitsuo Saito, Carole Hamanishi, Genevieve Iwata, Amy Nagamatsu,
Lori North, Steveston Buddhist Temple, May Mukaida, Chieko Takasaki,
Stan & Lucy Yoshioka, Hideko Yoshioka, Sam & Pat Yoshioka,
Irene Rohrer, Jean Nakatsui, Ron & Marilyn Fujita, Denise Cork,
Hiroshi & Ruth Honkawa, Jenny Fujita & Mike McSkimming,
Ryoko Tateyama, Mary Murao, Donation Box
In memory of Jack & Kenny Yoshioka: Hideko Yoshioka, Sam & Pat Yoshioka,
Stan & Lucy Yoshioka
In memory of father Gilbert & grandfather Kayemon: Naomi Shikaze

Memberships: Ben Shikaze, Carole Hamanishi, Hideko Yoshioka,
Sam & Pat Yoshioka, Hiroshi & Ruth Honkawa
March Service: Denise Cork

In gassho

Fraser Valley Buddhist Temple

Bon Odori Dance Practice at Vancouver Buddhist Temple: June 18 - July 11 @ 7:00 pm

Practice dates: @ 7:00 pm ~ 8:30 pm

Tuesday June 18	Thursday June 20
Tuesday June 25	Thursday June 27
Tuesday July 02	Thursday July 04
Wednesday July 10	Thursday July 11

Obon Service is on **Sunday, July 14** at **2:00 pm** with **Bon Odori** dances to follow at **4:00 pm**.



B.C. Jodo Shinshu Buddhist Temples Federation Announcements

2019 Post Secondary Scholarships

The British Columbia Jodo Shinshu Buddhist Temples Federation awards two Post Secondary Scholarships annually. These scholarships are open to any resident of BC who:

- Is a full-time student attending a recognized post-secondary institution and enrolled for this coming fall semester in a program leading to a degree, diploma, or certificate; and
- Participates in religious/spiritual events and activities through a church, temple, or other recognized religious group.

For more information, or to have an application emailed to you, please contact Lori North at scholarships.bcjsbtf@gmail.com

Advice on Cleaning , Adapted from *A Monk's Guide to Clean House and Mind*

I'm a Buddhist monk at Komyoji Temple in Kamiyacho, Tokyo, Japan...A monk's day begins with cleaning. We sweep the temple grounds and gardens and polish the main temple hall. We don't do this because it's dirty or messy. We do it to eliminate the suffering in our hearts. When you visit a temple, you feel a blissful tension in the tranquil space. The gardens are well tended and spotless, without a single leaf on the ground. Inside the main temple hall, you naturally sit tall and feel alert. These things serve to calm the mind. We sweep dust to remove our worldly desires. We scrub dirt to free ourselves of attachments. The time we spend carefully cleaning out every nook and cranny of the temple grounds is extremely fulfilling. We live simply and take time to contemplate the self, mindfully living each moment. It's not just monks who need to live this way. Everyone in today's busy world needs to do it. Life is a daily training ground, and we are each composed of the very actions we take in life. If you live carelessly, your mind will be soiled, but if you try to live conscientiously, it will slowly become pure again. If your heart is pure, the world looks brighter. If your world is bright, you can be kinder to others.



...Cleaning should be done in the morning. Do it as your very first activity of the day.

The daily routine of an unsui monk starts with waking up early, washing one's face, and dressing, in readiness to begin cleaning and conducting services for that day. Exposing your body to the cold in the predawn air naturally makes you feel charged, filling you with energy for the tasks ahead. And cleaning quietly while the silence envelops you—before other people and plants awaken—refreshes and clears your mind. By the time everyone else is emerging, you've finished your cleaning and are all set for the day's work. Cleaning in the morning creates a breathing space for your mind so you can have a pleasant day....

This may not be easily accomplished, of course, in a regular home, which is why you should at least try to return things you have used or made a mess of to their rightful places before the day is over. It's important that your home is tidy so you can kick off the next morning feeling refreshed, as you begin your cleaning for that day. When I was training to become a monk, my roommates and I always recited evening sutras before going to bed. Doing this in a tidy room at bedtime felt refreshing and cleared the mind, leading to a deep sleep. Cleaning and tidying are daily tasks, and what matters most is consistency. Even a short amount of time will do, so get into the habit of making a reasonable effort to clean every day. At first, it may be hard to get up early in the morning, but if you make cleaning in the morning and tidying in the evening a habit, your body and mind will feel refreshed each day. *by Shoukei Matsumoto, copyright ' 1994. Published by TarcherPerigee, a division of Penguin Random House, Inc.*

May Shotsuki (Memorial) List

1957

*NAKAMURA, Miss
*SUGIHARA, Shichisaburo

1958

*NAKASHIMA, Eikichi
*OHASHI, Yuno
*OHTA, Masu
SAIMOTO, Kunimatsu

1960

*HAMADE, Yoshigoro
*NAKANISHI, Mitsugu

1961

*SHIRAKAWA, Hidehiko

1962

*NISHIKAWA, Usaburo

1964

*MARUMOTO, Kamen
*YABUNO, Sutekichi
*YURUGI, Choichiro

1965

*INOUE, Kandayu
NAKATA, Norman

1966

*MATSUSHITA,
Nagashige

1967

MADOKORO, Hiroye
*YOSHIDA, Isamu

1969

*OGINO, Chozo
*ONO, Matsu

1970—50th Year

*SUZUKI, Isono
*TANAKA, Hisa

1972

*MISHIMA, Tsurukichi
YADA, Kiyoshi

1973

*TANAKA, Haru

1974

HORII, Sumiye
*INAMASU, Suye

1975

*KITANO, Jyutaro
*KOYANAGI, Toyohisa
*MAYEDA, Kiyokazu
*UYENO, Ei

1976

HAMAGUCHI, Fumio
*TAKEDA, Iwao

1977

KONDO, Yoshio

1979

NAKAMURA, Genzaburo
*NISHIMURA, Aiko

1980

*WAKITA, Hajime
*YOSHIDA, Yoshi

1981

*AYUKAWA, Kaoru
*TAKAHASHI, Kazuo

TANAKA, Miki

*YABE, (baby)

YAMAKAMI, Shotaro

1982

*KAWAGUCHI, Yoshio
*OHTA, Takezo
TANAKA, Ichijiro

1983

*KITADE, Yaeko
*NAGAMATSU, Denshin

1984

*HANADA, Yoshio
*OKEGAMI, Hidehiro
*SAKIYAMA, Hiroshi
*TAKEMOTO, Matsuyo
*TERANISHI, Fuji

1985

*KAWAHIRA, Imiko
YAMADA, Yukio

1986

*EGAMI, Hikotaro
*HAMADE, Toyo
*MORI, Nobuo
*NISHIMURA, Hiroshi
*NOSE, Tazo

1987—33rd Year

*HORI, Mika
*KITAGAWA, Naka
*YURUGI, Moto

1988

*TSUJI, Gen

1989

*KUROMI, Suino
*MIURA, Kaoru

1990

*GREEN, Jordan
HIRAI, Ken
*NISHIKAWA, Mitsuye

The May Shotsuki monthly memorial service will be held on **Sunday, May 12 at 10:30 am.**

1991

HAYA, Haruko
*MIYAGAWA, Ito
OKADA, Kazuko

1992

*NODA, Misaho
*ONO, Yoichi
*SOGA, Zenya
UYESUGI, Fumio

1994

*MATSUBA, Shige

1995—25th Year

SHIMABUKURO, Nabe
*UYENO, Shigeo
YAMADA, Takaichi

1996

*ITAYA, Masaye

1997

SHOJI, Tadashi
TAKEMORI, Akiko
TANAKA, Masao

1998

*MARUYAMA, Bill
YAMADA, Kazuye

1999

HAMAGUCHI, Hiroshi
*KUNIMOTO, Akiko
YAMADA, Hiroshi

2000

IMAI, Eichi
KAKUTANI, Kiyoshi
NISHI, Yukio
YAMASHITA, Toshio
2001
WAKAHARA,
Tomohiko

2002

FUKUI, Hisako
NAKAMURA, Miki
SAMESHIMA, Tadayuki
WATANABE, Hiromi

2003—17th Year

*NAKATSUI, Toyoko

2004

KITAMURA, Shizuko
OMOTO, Noboru
OYA, Chie

2005

GRIMSHAW, Rebecca

2006

*SATO, Yoshiaki

2007- 13th Year

HAMAGAMI, George
KITAGAWA, Kotoma
MORISHITA, Hatsumi
NAKAMURA, Amy
NAKATSU, Toshiye
WADA, Seiji

2008

KAWASAKI, Ryota
KOYANAGI, Hiroyuki
TANAKA, Keiichi
TANAHARA, Yoshihide

2011

FUJIYAMA, Kie
YAMADA, Miyoko

2012

OKADA, Katsuko
TSUJI, Yoshiaki
WATANABE, Isao

2014

YAMASHITA, Tsunaye

2016

KAWAMOTO, Hisako
SUGA, Yuriko

2017—3rd Year

NATSUHARA, Lucy
NISHI, Chiyeko

2018—First Year

Kaoru Minato

Passings

Our deepest
condolences go to the
families and friends of

**Mr. Robert (Bobby)
Iwanaka (64 yrs old)
March 23rd**

**Mr. Yasumasa Naruke
(69 yrs old) April 2nd**

**Mr. Ken Kasuya
(53 yrs old) April 23rd**



Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
May 2019			1 7PM Public Lec- ture	2 12 Noon Japanese Howakai and Seniors' gathering	3	4
5 10:30 AM English Dharma Service	6	7	8 7PM Public Lec- ture	9 12 Noon Japanese Howakai and Seniors' gathering	10	11 10AM Toban and Board Meeting 2PM Fraser Val- ley Gotane/ Shotsuki Service (Rev. Ikuta)
12 10:30 AM Gotane & Monthly Shotsuki Memorial Service	13	14	15 11AM Nikkei Home (Rev. Ikuta) 7PM Meditation Workshop	16 12 Noon Seniors' gathering	17	18 Manning Park Family Retreat
19 NO SERVICE AT VBT Manning Park Family Retreat	20 Victo- ria Day VBT office closed Manning Park Family Retreat	21	22 7PM Meditation Workshop	23 12 Noon Seniors' gathering	24	25
26 10:30 AM English Dharma Service	27	28	29 7PM Meditation Workshop	30 12 Noon Japanese Howakai and Seniors' gathering	31	

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
June 2019						1
2 9AM BC Children's Hospi- tal Fundraiser Mara- thon NO SERVICE AT VBT	3	4	5 7PM Meditation Workshop	6 12 Noon Japanese Howakai and Seniors' gath- ering	7	8 10AM Board Meeting 2PM Fraser Valley June Shotsuki (Rev. Ikuta)
9 10:30 AM Parents' Day & Monthly Memorial Shotsuki Service	10	11	12 7PM Meditation Workshop	13 12 Noon Japanese Howakai and Seniors' gath- ering	14	15
16 10:30 AM English Dharma Service	17	18	19 11AM Nikkei Home (Rev. Ikuta) 7pm Meditation Workshop	20 12 Noon Japanese Howakai and Seniors' gath- ering	21	22 9:00 AM Manju Making
23 10:30 AM English Dharma Service	24	25	26	27 12 Noon Japanese Howakai and Seniors' gath- ering	28	29

*Rev. Aoki will attend meetings from **May 14 to 23**.
Should you require *emergency* Makura-gyo (Pillow-
side) services during this time please contact Dr. Bob
Akune at 604-940-8350.