Trevor Komori and Anthony Chor made a brief 5 mi-I nute introduction to the Vancouver Buddhist Temple. Learn what happens in the temple and what we do in the Jodo Shinshu Bud-I dhist Tradition, how to get into the temple and get simple tips on etiquette that can be used at all Buddhist Temples.

You can use your smart phone's camera to read the code.



I Are you on Social Media? I VBT is!

Stay up to date on temple events, message us and each other by finding us at:

I Facebook

https://www.facebook.com/ VancouverBuddhistTemple2016/

l Instagram -@vancouverbuddhisttemple

Vancouver Buddhist Temple



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vancouverbuddhisttemple.com

odhi Mind



Vancouver Buddhist Temple

Feb. & Mar. 2020, Issue #434

It is Already February!



When we were young, time moved at a snail's pace. If we were anticipating a special event, a week felt like forever. I remember that I liked going on school field trips, but the wait seemed to last forever. And when we were young, our birthdays could never come fast enough. We would tell our ages by adding fractions, hoping this might make our special day come quicker. We would say, "I'm 6 1/2 "or

"I'm 7 3/4". Now it seems that a decade passes in the blink of an eye.

I've often wondered about this illusion of time passing. Why does it go by so quickly the older we become? Here is what I think. Children really know how to throw themselves totally into the moment. They are completely immersed in whatever they are doing. When they play, they are completely absorbed in the moment. They are not attached to the past, not worried about the future. The only time that exists for them is NOW. And they are living the "NOW" so thoroughly.

As we get older and the days grow heavy with responsibilities and obligations, our thoughts and concerns, our minds and our hearts are constantly weighing events just concluded and juggling events yet to come.

We've become so committed to our appointments, we have a phrase that describes the ability to live in these busy "modern" times. It is called multi-tasking. We are "human doing" rather than "human being".

I think this is why time seems to pass more quickly as we get older. We are so busy evaluating past events and anticipating future activities, we are so busy multi-tasking, that our minds and hearts are rarely in the moment that is *now*. The Dharma is always encouraging us to live in the moment, and to live each moment well. And as I have often said, "If we live each moment well, we cannot help but look back on a life as welllived."

As we begin the new month, let us all make the effort to live each moment well.

Namo Amida Butsu Tatsuya Aoki

Message from the VBT Board

Another new year is upon us and we must be thankful that we are alive and well. We experience each moment--which may seem the same or similar to past moments--but are unique from any before. We change each moment in subtle ways and conditions around us do as well. This is a Buddhist truth that--" nothing remains the same, all things are impermanent". Our temple building has provided our members with 40 years of serving our needs. Yet our membership has changed, our needs have changed, our purposes have changed. It is vitally important that we plan our future -- for tomorrow and the years that follow. Our membership dynamics are changing from year to year, the neighbourhood continues to change. We must be prepared to change and adjust in order to survive. The temple board recognizes the importance of this issue. To that end a committee has been formed. The "Future of our Temple" should be a priority starting with the next board meeting.

Meanwhile we ask all our members to express views on where our future lies and what we can leave for our next generation of followers. It is your temple, each and everyone of you, whose future is at stake.

The membership fee for 2020 is now due. We kindly ask that you renew your membership of \$100 per adult made payable to the Vancouver Buddhist Temple. This year our temple will be hosting the BC Buddhist Convention in September. We ask that any member or friend who is interested in assisting in the planning of the convention to please contact Hiroko at our temple.

Thank you to all members and friends of the sangha for your support and contributions over the past year.

Gassho, The Board.

VBT Nirvana Day

Nirvana Day, which comes on February 15, is one of the major Buddhist observances. The Sanskrit term "Nirvana" literally means "extinction—the extinction of the worldly illusions and passions". Wherever the extinction of illusions and passions is being achieved, there will be a calm and peaceful Nirvana, but the term which applies to this particular day means the death of the Sakyamuni Buddha.

Since the Buddha had attained his enlightenment on this earth, he was a living Buddha and his Buddhahood would never die; but as the Buddha appeared from Dharma (Truth) onto this earth in the form of man in order to save man, his manhood had been a subject of earthly restrictions. He passed away at the age of 80 and entered into Mahaparinirvana, or the absolute free state of Enlightenment. Nirvana Day, in short therefore, is the Memorial Day of Sakyamuni Buddha, the great founder of Buddhism.

Please join us for VBT's Nirvana Day service on Sunday, February 9th starting at 10:30 am.



HATSUMAIRI Infant Presentation Ceremony

Guest Speaker: Rev. Kodo Umezu (former Bishop, Buddhist Churches of America)

We cordially invite any families with infants up to one year of age to participate in our annual Hatsumairi Ceremony, takingplace during our Hanamatsuri (Sakyamuni Buddha's Birthday)

service on Sunday, April 12th, 2020 at 10:30 am.

Hatsumairi literally means "first Buddhist service". Hatsumairi represents the first opportunity for families to bring infants who were born during the previous year to Temple.

If your family wishes to participate, please contact the temple office by the registration **deadline Monday April 6th**, **2020**.

2

VBT Spring Higan Service Sunday, March 15, 2020 at 10:30 AM

Higan is observed in Japan for a period of one week in the Spring from March 18 or 19 and again in the Autumn from September 20 or 21.

Higan-e is one of the few religious holidays which does not originate with Sakyamuni Buddha or a founder. It appears to be a distinct Japanese holiday originating in the early Heian Period (794-1190) and was presumably observed from the time of Prince Shotoku.

The word Higan comes from the Sanskrit word Paramita, which is translated as "other shore." It is an abbreviation of Tohigan ("to arrive"). Tohigan means "to arrive at the Other Shore." The "Other Shore" is Enlightenment or Nirvana, that is, the Pure Land. We are able to arrive at or reach the Other Shore when we transcend the life of birth-and-death, crossing over the sea of worldly passions arising from illusion.



How can we cross this wide sea and arrive at the Other Shore of Nirvana? The Six Paramita serve as a bridge spanning across this wide sea, and by practicing Charity, Morality, Patience, Right Effort, Right Meditation, and Right Wisdom, we can reach the Other Shore.

<u>Spring Lecture Series (Wednesday</u> <u>Evenings 7pm to 9pm)</u>

All classes will be held in the Shrine Room (Hondo) of the Vancouver Buddhist Temple. Who should attend? Anyone who would like a broad understanding of the spiritual and practical aspects of Buddhism. Most important – Course participants will be shown actual techniques and will practice under supervision.

February 26: Casey Collins "General Buddhism"

March 4: Michael Newton Sensei "Zen Tradition"

March 11: Tatsuya Aoki Sensei "Shin Pure Land"

March 18: Lama Sue Salter "Tibetan Tradition"

March 25: Dr. Adrianne Ross "Theravada Tradition and Meditaion"

Register online at: http:// vancouverbuddhisttemple.com/ Buddhism

Family Retreat @ Manning Park May 16-18, 2020

Early Bird Registration due: March 06, 2020

This annual event is an opportunity for members of the Shin Buddhist community and their friends and family to enjoy a weekend of fellowship in the beautiful Manning Provincial Park, situated just 3 hours from Vancouver and 2 ½ hours from Kelowna. Accommodations, meals, and activities (games, crafts, workshops) are coordinated by the organizing committee, and included in the registration fee. Groups who wish to stay together in shared cottages and hotel rooms should submit all names in the same registration. Organizers will try to accommodate your requests and use discretion being mindful of other guests. Accommodations filled on a first-come-first-served basis.

Throughout the weekend, registrants will sign up for community meal preparation, cooking and cleanup duties. Please let us know if any member of your group has food allergies. On Saturday **May 16**, our **Opening service** is scheduled for **4:30pm** in **Windy Joe's**, please pick up registration packages and room keys in **Windy Joe's**. from 3:30pm.

Accommodation Choices:

Hotel Room - sleeps 4 (2 Dbl beds)

Standard Cottage – sleeps 8 (1 Dbl & 2 sets bunkbeds + 1 Dbl sofabed, sitting room w/TV & full kitchen)

Deluxe Cottages – **sleeps 10** (3 bedrooms-2 queens & 2 sets bunkbeds + 1 Dbl sofabed, sitting room w/TV & full kitchen)

Tri-Plex Chalets – **sleeps 14** (adjoining rooms to sleeping units w/ separate bathrooms 2 bedrooms-2 queens & 2 sets bunkbeds +1 sofabed, sitting room w/ TV & full kitchen)

Rates-(per person for Chalets & Cabins)*

Types				Price* <i>Before Mar 06</i>					
Adult Membe	r* (AM)	26+	\$140	\$130					
Adult Non-Me	ember (AN	۱)26+	\$150	\$140					
Youth (Y)	14 to 2		\$80	\$80					
Child (C)	6 to 13	3	\$40	\$40					
Infant (I) ´	to 5		free	free					
Pet Fee- must stay in pet friendly cabins \$25									
*Hotel Room	requests	s will b	e \$210 p	er room	for	the			
weekend + 50% of the per person rates above.									

Please make cheques payable to "Vancouver Buddhist Temple" and submit with registration form (available at VBT office) indicating cabin/room mate(s) and requests.

Final registrations and payments must be received at Vancouver Buddhist Temple 220 Jackson Ave., Vancouver, BC, V6A 3B3 no later than Friday, April 03, 2020.

<u>Tōban</u> <u>Groups</u>

From lunches at our monthly Shōtsuki services, to wiping down tables and clean-



ing the washrooms, the temple would not be the warm and welcoming place for gathering if it were not for the dedicated hard work of our members. When people come to the temple—whether it's for the first time or the 100th time—the care we put in our temple expresses how precious we hold the Teachings of the Buddha.

The following activities in February and March are the responsibility of Toban #3

February

1 Sat. 9:00 am—Manju-making 9 Sun. 9:00 am—Shotsuki & New Year's Luncheon

15 Sat. 9:00 am—Manju-making Feb 28 9:00 am Bazaar Prep

Feb 29 9:00 am Bazaar Prep

March

1 Sun—Food Fair Prep and 12 Noon—Food Fair
14 Sat. 10:00 am—Toban& Board Meeting
15 Sun. 9:00 am —Shotsuki & Higan

Mrs. Noriko Chijiwa

Mrs. Tei Domitsu

Mrs. Kazue Egami

Mr. Derek Iwanaka

Ms. Patricia Keizer

Mr. & Mrs. Kent MacCarl

Ms. Lorene MacDonald

Mrs. Yasuko Masuhara

Mr. & Mrs. Jack Matsuda Mr. & Mrs. Otokazu Matsui

Mr. & Mrs. Barry Matsumoto



Mr. & Mrs. Ray McDonald Mrs. & Mr. Megumi McGrath Mrs. Akiko Minato Ms. Frances Minato Mr. Harry Minato Mrs. & Mr. Karen Mizushima Mr. & Mrs. Hiroyuki Morimoto Ms. Orrin Morishita Mrs. Yukie Morishita Mrs. Kazumi Nakano Mrs. Yachiyo Nishi Mrs. Tomi Niwatsukino Mr. & Mrs. David Ohori Mrs. Junko Ohori Mr. & Mrs. Norio Renovich Mrs. Kazuko Takahara Mr. & Mrs. Mikio Takeda Mr. & Mrs. Shizuo Tanaka Mrs. Michiko Tanizawa Mr. Kaoru Tatara

Mrs. Tomiko Uyeyama

Ms. Joanne Yuasa

Mr. & Mrs. Tatsuya Yamazaki

VOLUNTEERS NEEDED

Please join us on the following days to help make another successful VBT fundraising event.

Sat, Feb 15 @ 9 am Manju Making

Fri, Feb 28 @ 9 am Bazaar Prep

Sat, Feb 29 @ 9am Bazaar Prep

Sun, Mar 1 @ 6 am Bazaar Day Prep

Sunday March 1, 2020 @ NOON Doors open to the public







HUMANITY

THROUGH A BUDDHIST EYE: AN EXPLORATION OF HUMAN RIGHTS



• KEYNOTE SPEAKER DUNCAN RYUKAN WILLIAMS

Williams is a Soto Zen priest and Director of the Shinso Ito Center for Japanese Religions and Culture at the University of Southern California. He is the author of "American Sutra: A Story of Faith and Freedom in the Second World War"

- TOUR OF THE CANADIAN MUSEUM OF HUMAN RIGHTS
- PANEL DISCUSSIONS AND WORKSHOPS
- DISCOVER THE RICH TRADITION, CULTURE AND DIVERSITY OF WINNIPEG, MANITOBA, CANADA
- JODO SHINSHU BUDDHIST SERVICE MANITOBA BUDDHIST TEMPLE



Thursday, April 2 at 10:30 AM

Vancouver Buddhist Temple (220 Jackson Ave, Vancouver)



From Asahikawa City, HOKKAIDO

High School Band Concert

February Shotsuki (Memorial) List

1952 *UEDA, Taneichi 1957 *NOMURA, Kinu 1958 *MUKAI, Matsujiro *TERASHITA, Matsuzo 1959 *HORI, Ito *NISHIZAWA, Sadajiro *TAKAI, Koharu 1960 *NISHII, Iyo 1962 *NAKAGAWA, Kazuo *TSUJIMOTO, Tsuneno 1963 INOUYE, Shigetaka **1965** *HAGANE, Yoshijiro *NAKAMURA, Hirokichi *NAKANISHI, Tamejiro 1966 *MARUMOTO, Junko 1967 *MORI, Zen 1968 KONDO, Satoshi 1969 OMORI, Takayuki YOSHIZAWA, Ichiou 1970 *KIKUTA, Toshio *TSUMURA, Sumiye *UYEMURA, Akio 1971—50th Year *KARIYA, Yasuyuki NISHIMURA, Ryokan 1972 *KONDO, Kenjiro *SUGIE, Masami *SUZUKI, Gennosuke YADA, Kunie 1974 *URATA, Teru 1975 *IZUMI, Shimataro *KOYANAGI, Ino *NODA, Yoshie *TANAKA, Motoyoshi *KONDO, Yoshiye SATO, Yoshi

1976 *HIRAKIDA, Hagino 1977 *ONOUYE, Zenzaburo *KARIYA, Jirohei *KINOSHITA, Kazuichi *MADOKORO, Jitsuji *TASAKA, Yukiyo 1978 MINATO, Keiji NASU, Bunkichi *YAMASHITA, Bunkichi 1979 *KIMURA, Kikuo *NAKASONE, Chie 1980 *TANAKA, Manabu 1981 *MAKINO, Toshimasa TAGUCHI, Sataro TANAKA, Tomijiro 1982 *FURUGORI, Kikuyo *MASUHARA, Kishi *NISHI, Iwano *TAKENO, Takeiji 19<u>83</u> *OURA, Kome 1984 *KAJIHARA, Tsuruyo *MOTOMOCHI, Tomekichi 1985 *MAYENO, Kenichi *MOMOTANI, Yuriko 1986 *MATSUDA, Mikino 1987 KOYANAGI, Taki *SATO, Kojiro 1988—33rd Year *AKASAKA, Mitsuko TAKATA, Tadayuki *UCHIDA, Shiro *WAKABAYASHI, Genroku 1989 ASAOKA, Sotono *INOUYE, Eiji *KUNIMOTO, Shinkatsu *TAMAKI, Komaye 1990

The February Shotsuki monthly memorial service will be held on **Sunday**, **February 9 at 10:30 am**.

1991 *TABATA, Fumie KASUYA, June 2008—13th Year 1992 *MAYE, Meiko KITAGAWA, Nobuko *SATO, Satoshi 2009 *YAMADA, Masayoshi IKEDA, Ayako 1993 KONDO, Hatsu *TAGAMI, Frank SHIN, Yoshiko 1994 YAMASHITA, Naoye *IWAMOTO, Ryuichi MOMOI, Minako YAKURA, Florence 1995 KAMACHI, Shigekazu FUJINAMI, Shigeko SHIBATA, Tsuya 2010 IKEDA, Toyohiko ISHIGURO, Kiyoko SHIMABUKURO, Seiji 1996—25th Year KOZAKA, Yoshinari MITSUI, Yoshitada OYAMA, George NAGAMATSU, Roy *SHINYASHIKI, Kazuya 2011 1997 CHIYA, Hideo WAKABAYASHI, Yasue UYEDA. Teruo 1998 FUJIMOTO, Umeko BANNO, Haru 2012 HIRAKIDA. Edward WOODRUFF, Patrick MITSUI, Kazue **2013** SHINOHARA, Haruka 1999 HIRANO, Raishu 2014—7th Year ONO. Butch ANGEL. Naomi 2000 KOMORI. Yukino KITAMURA, Kichinosuke 2015 NISHI, Masaharu IMAI, Harry Kiyoshi 2001 2017 FUKUHARA, Kisaburo TAKAHARA, Mitsuyo NODA, Kaoru TAMAKI, Fumie YAMASHITA, Kusuye 2019-1st Year ARAKI, Takeru SUZUKI, Masao 2003 TANAKA, Roy **HAMA** Teruko JOW Marie Rebecca TAKEUCHI Seiji

Passing

Our deepest condolences go to the families and friends of

Mr. Mitsuru Asaoka

(74 yrs) December 27, 2019

Mr. Minoru Sam Oyama (98 yrs) January 7, 2020

Mr. Saburo Nishimura

(94 yrs) Januray 17, 2020

2004—17th Year

URAISAMI, Miyoko

YONEDA, Yusuke

MINATO, Umeko

NAKATSU, Teruo

SHIODA, Tetsuya

ONEYAMA, Pete

SAKAMOTO, Ito

NAKATA, Dick Sadao

KONDO, Hideo

YADA, Hideo

2005

2006

1953

The March Shotsuki monthly memorial service will

be held on Sunday, March 15 at 10:30 am.

March Shotsuki (Memorial) List

UYEYAMA, Toyokichi NATSUHARA, Kamenosuke *NAKATANI, Tatsumatsu 1959 *KONDO, Iwa *KAZAO, Heikuro 1960 *KOTANI, Kumataro *SUGIE, Shosaku *YOSHIDA, Sei 1961 *MAEDE, Yuji SAIMOTO, Kiku <u>1962</u> OKANO, Kiyoko *SHINDE, Matsunosuke *YAMADA, Kiju <u> 1963</u> NUKINA, Shorin 1964 *FUJIOKA, Yashiro *NISHI, (baby) *OMORI, Hideko 1965 *TANAKA, Hisao *YADA, Sutejiro 1966 *SAKIYAMA, Genshiro 1968 *ISHIDA, Matsugoro 1969 *KAMEI, Tsurumatsu *KITAGAWA, Tsuneki *NISHI, Shigetaro *OKANO, Yoshihiro 1970 *TERASHITA, Tsutomu 1971—50th Year *ARAKAWA, Sukeyemon *HAMA, Yoshizo *MATSUMOTO, Saki *TAKAHARA, Kiyotada *URABE, Toyemon 1972 *TATSUMOTO, Akino UYEYAMA. Shina *YAMAMOTO, Haru *YAMASAKI, Kunizo

<u>1974</u> *HAGIHARA, Katao *IMAMURA, Mary *MIZUNO, Natsu 1975 *OGAWA, Yoshihisa *JOWETT, Roy 1976 *CHIBA, Koichi *MISHIMA, Mima *MOCHIZUKI, Tajiro *SUYEYOSHI, Yuzo 1977 UYEYAMA, Inosuke *HAYASHI, Tamejiro 1980 *NISHI, Chiyoye 1982 *OMOTO, Minoru *SARUYAMA, Danjo *KOBAYASHI, Masako 1984 KAWABATA, Yoshi *MATSUBARA, Tatsushiro *YOSHIDA, Kanichiro TANAKA, Kimi 1986 *HANAZAWA, Haru *OTSUJI, Kihei 1987 *HARADA, Masuhiro *NISHI, Nikichi *SOKUGAWA, Toji *TAKESHITA, Kazuo *TAKEUCHI, Naoki *YAMAKE, Hatsuye *YAMASHITA, Kozue 1988—33rd Year *MORISHITA, Masaru *YAMASHITA, Fumiye 1989 *FURUGORI, Sumeko KITANO, Kono *TERANISHI, Yoshiye

*MIZUYABU, Toshio

*TAKAHASHI, Tamiyo

1993 *HAGANE, Toshio *HAYASHI, Shomi *KONDO, Hideo *NODA, Jiroemon *OYA, Hitoshi 1994 *KUROZUMI, Takuyo OKADA, Shigeto 1995 MORRIS, Jeff TAKEDA, Masaichi TAKII, Ryuzo TAKIMOTO, Shichiro YABUNO, Taiichi 1996—25th Year HORII, Ryotaro *SHIMIZU, Tami (Jpn) 1997 HAYASHI, Yosaburo MUKUDA, Yone *RICHARDSON, Sachiko *UI, Shigeyo 1998 ITO, Aki *KAITA, Sue TOMIYE, Takashi *EJIMA. Frank KATSUMOTO, Sato 1999 YAMAKAMI, Onobu 2000 SOGA, Yoshiharu CHIBANA, Hiroko TANAKA. Matsu OKANO, Chie MIYASHITA, Archie 2002 KOBAYAKAWA, Toshikazu 2004—17th Year OKUBO, Haruye TATSUMI, Miyako 2005 HIRAI, Fujiye SHIMIZU, Toshio MATSUBARA, Toshio *ASAOKA, Ryoko 2006 MAEKAWA, Yoshiko 2007 KAKINO, George SHOJI, Misao

2008—13th Year HIKIDA, Sadako 2009 SAKAI, Iwao NISHIMOTO, Kiyoshi 2010 OKAHASHI, Shizuko UYESUGI, Emiko YOSHIHARA, Lillian Reiko HAMADE. Rov Rvuzo SHINKODA, Fusako 2011 MIZUYABU, Kayoko 2012 IWANAKA, Suyeko 2013 ISHIGURO, Florence WATANABE, Hisako 2014—7th year YAMAOKA, Robert CHIJIWA, Shigenobu MORITA. Tokive CHAKI, Kiyoshi YUNOUE, Hiroki KATO, Waka 2015 PEACOCK, Nobue YAMADA, Yukio 2016 OKAMURA, Yoshiyuki SAKAI, Kiyoe 2017 LEONG, Nancy DAHL, Stan OKANO, Yukiko 2018—3rd Year HARADA, Toshiyo NAKAMURA, Ryoichi 2019—1st Year IWANAKA, Robert



Sun.	Mon.	Tues	Wed.	Thurs.	Fri.	Sat.
Februar	y 20	20				1
2 10:30 AM English Dharma Service 1 PM VBT AGM	3	4	5 7 PM Meditation Work- shop	6 12 Noon Japanese Howakai and Seniors' gathering	7	8 10 AM Board Meeting 2:00PM Fraser Valley Temple (Rev. Ikuta)
9 10:30 AM Nirvana Day & Monthly Shotsuki Me- morial Service & New Year's Luncheon	10	11	12 7 PM Meditation Workshop	13 12 Noon Japanese Howakai and Seniors' gathering	14	15 9 AM Manju Making
16 10:30 AM English Dharma Service	17 Family Day Office Closed	18	19 11 AM Nikkei Home Ser- vice (Rev. Ikuta) 7 PM Meditation Workshop	20 12 Noon Seniors' gathering	21	22 Noon Lunch with Sensei at Fortune city Sea- food Restaurant. \$20 of registration fee is required.
23 10:30 AM English Dharma Service	24	25	26 7 PM English Workshop	27 12 Noon Japanese Howakai and Seniors' gathering	28 9 AM Food Fair Prep	29 9 AM Food Fair Prep
Sun.	Mon.	Tues	Wed.	Thurs.	Fri.	Sat.
1 6 AM Food Fair Prep 12 NOON Japan Food Fair open to the public NO SERVICE at VBT	2	3	4 7 PM English Workshop	5 12 Noon Japanese Howakai and Seniors' gathering	6	7
	9 ight Saving clocks FOR our.		11 7 PM English Workshop	12 12 Noon Japanese Howakai and Seniors' gathering	13	14 10 AM Toban and Board Meeting 2 PM Fraser Valley Temple (Rev. Aoki)
15 10:30 AM Spring Higan & Dana & Monthly Shotsuki Memorial Service	16	17	18 11 AM Nikkei Home Serv (Rev. Aoki) 7 PM English Workshop	19 12 Noon Japanese Howakai and Seniors' gathering	20	21
22 10:30 AM English Dharma Service	23	24	25 7 PM English Workshop	26 12 Noon Japanese Howakai and Seniors' gathering		ch 2020
29 10:30 AM English Dharma Service	30	31	APRIL 1 7 PM Meditation Workshop	2 10:30AM Asahikawa High School Band Corcert	3	4